

Spring 2025 Emmaus Classes (March-June)

Class	Dates, times, location	Registration Deadline	Emmaus Class Category	Cost	Class Description
Mental Health Training and Suicide Prevention	March 1 Sheridan Lutheran 8:30-3:00	Feb. 25	Justice, Inclusivity and Advocacy	None	This class provides training on how to provide “first aid” for someone in a mental health crisis and how to use the QPR (question, persuade, refer) method of suicide prevention.
Holy Mischief Book Study	March 4, 11, 18 and 25 7:00-8:30 p.m. zoom	March 1	Book Discussions	\$20 plus book	Celebrate Women’s History Month with this book study that explores stories of female rostered leaders in the ELCA. Author Deacon Mindy Makant will join us for the last week of class.
Exodus Bible Study (8 Books of the Bible in 8 Months)	March 6, 13, 20 and 27 7:00-8:30 p.m. zoom	March 1	Biblical and Theological Studies	\$20	Join Deacon Rick Strong for this “Beginner’s Bible Study” exploration of Exodus
Advocacy 101	March 8, 10:00 a.m-2:00 p.m.-Kounze Memorial, Omaha OR March 9, 2:00-6:00 p.m.-First Lutheran, Kearney	March 4	Justice, Inclusivity and Advocacy	None	This “on-ramp to advocacy” class will provide you with the basics of advocacy. Learn how to get started with letter writing, phone calls and visits to government officials.
Immigration and the Nebraska Synod	March 10, 17, 24 and 31 7:00-8:30 p.m. zoom	March 7	Justice, Inclusivity and Advocacy	None	Learn how Nebraska Synod churches can support immigrants and refugees in our communities. This class includes sessions with Lutheran Family Services, Global Refuge, ELCA Ammparo and local lawyers.
Leading Faithful Innovation: Following God into a hopeful future	March 13, 20, 27 and April 3 7:00-8:30 p.m. zoom	March 7	Book Discussions	None	Join Deacon Sunni Richardson in exploring this book by Dwight Zscheile. This class is designed specifically for congregations who want to find new ways to live out the old faith

Holy Currencies (by Eric Law) and Community Organizing	March 16, 23, 30 and April 6 4:00-5:15 p.m. zoom	March 10	Book Discussions	\$20 plus book	Join Pastor Ernesto Medina for this book study and primer on community organizing
Advocacy 101	March 18, 25 and April 1 12:00-1:00 zoom	March 15	Justice, Inclusivity and Advocacy		This “on-ramp to advocacy” class will provide you with the basics of advocacy. Spend your lunch break learning how to get started with letter writing, phone calls and visits to government officials.
The Book of Job: 8 Books of the Bible in 8 Months	April 3, 10, 17 and 25 7:00-8:30 p.m. zoom	April 1	Biblical and Theological studies	\$20	Join Pastor Andrew Kitzing for this “Beginner’s Bible Study” exploration of Job
Collective Conscience: ELCA Social Teachings- Church in Society	April 10 7:00-8:30 p.m. zoom	April 5	Biblical and Theological Studies	none	Explore the first ELCA social statement and why it matters to us as Lutherans with Bishop Scott Johnson
The Book of Isaiah: 8 Books of the Bible in 8 Months	May 1, 8, 15 and 22 7:00-8:30 p.m. zoom	April 28	Biblical and Theological Studies	\$20	Join Deacon Rick Strong for this “Beginner’s Bible Study” exploration of Isaiah
Collective Conscience: ELCA Social Teachings-Faith and Civic Life	May 8 7:00-8:30 p.m. zoom	May 2	Biblical and Theological Studies	none	Join Bishop Scott Johnson to explore this draft social statement on the relationship between church and state
Celebrating the Nicene Creed	June 1, 8, 15, 22, 29 and July 6 4:00-5:00 p.m. zoom	May 26	Biblical and Theological Studies	\$20	As we celebrate the 1700 th anniversary of the Nicene Creed, Rev. Dr. Ashley Hall will help us explore its history and the relevance to our life today.