

Cultivating RE-CREATION

Road Trip Play List

Access the playlist.

If you don't have Spotify, you can sign up for a free account using your e-mail address.

Many people head out on adventures during summer. Whether it is a trip to the mountains, the lake, or a new city, these trips provide rest and recreation. It's a chance to get away to a new place to renew the mind, body, and soul, to feel God's presence in a new way, to listen to the Holy Spirit, and to return ready to be God's hands and feet in the world, a life-giver of the Good News.

This playlist chronicles the experience of recreation. If you are taking a trip this summer, listen to the playlist in the car to remind yourself to take the time for spiritual recreation amid a busy vacation. Or, if you don't have big plans for this summer, as you listen to this playlist, think about ways you can make space for recreation in your life this summer.

Here are some questions to consider:

- What is your prayer for re-creation?
- How will God create "something new and something beautiful" in you?
- How are the eyes of your heart opened to the voice of the Holy Spirit in time of recreation?

Join me on this musical road trip with the following songs:

9-5: We are busy. We need time away.

Take Me Home Country Roads, Leavin' on a Jet Plane: the trip begins to find re-creation

Let it Go: Once we arrive at a place/space for recreation, we begin to let go of all the anxiety, worry and stress we brought with us.

Create in Me, Open the Eyes of My Heart: We begin our time of re-creation by praying for a clean heart, an open heart and new creation

You've got a friend in me: We are reminded that God walks with us, renewing us and creating re-creation in our souls

Hakuna Matata, All I Need to Know, It is Well: Recreation brings a sense of peace and comfort.

The Great Adventure: Rested, renewed, and re-energized, we are called to go forth and share the Good News.

Prayer: Gracious God, our lives are busy. They are scheduled and full of to-do lists. Help us find the time to step away for some recreation, time to listen and reflect, and time to feel your presence in our souls. Help us return energized, renewed, and ready to share the Good News!
Amen!