



Wednesday Workshop Summaries

Leading in Complex Times – Deacon Claire Meyer

Workshop Description: Using Jennifer Garvey Berger's book "Unlocking Leadership Mindtraps: How to Thrive in Complexity" to guide us, we will explore the ways in which we turn in on ourselves when faced with complexity and uncertainty. In addition, each mindtrap is paired with a New Testament text that unlocks a Lutheran theological grounding. Garvey Berger discerns five pernicious and pervasive "mind traps" to frame the book. These are: the desire for simple stories, our sense that we are right, our desire to get along with others in our group, our fixation with control, and our constant quest to protect and defend our egos. In addition to understanding why these natural impulses steer us wrong in a fast-moving world, leaders will get powerful questions and approaches that help them escape these patterns. Participants will discuss how to unlock each mindtrap and walk away with six 30 min devotions that can be shared with councils, teams, and other leaders.

Purchasing the book is not required but is recommended for those who like a quick easy read.

*** This workshop constitutes 3 continuing education credits.

Presenter Bio: Deacon Claire Meyer has been around the church for 20 years in various leadership roles. Currently, she is getting her second MA at Luther Seminary to add the roster of Word and Sacrament. She is serving at Trinity Lutheran Church in Newman Grove. A self-proclaimed Bible nerd, Claire loves talking church and leading in complex times. She was introduced to this book in one of her classes and believes it is one of the clearest secular looks at how sin manifests in our world.

Author Bio: Jennifer Garvey Berger believes that leadership is one of the most vital renewable resources in the world. At a time when organizations are often forging the path rather than following the path of others, leadership is about creating the conditions for people to be their most creative, connected, intelligent selves. She is a founding partner and CEO of Cultivating Leadership, a consultancy that serves executives and executive teams in the private, non-profit, and government sectors around the world. Her clients include Google, Microsoft, Novartis, Wikipedia, and Oxfam International. Jennifer designs and teaches leadership programs, coaches senior teams, and supports new ways of thinking about strategy and people with clients facing these dramatic shifts in complexity, volatility, and change in their workplaces and markets. She blends deep theoretical knowledge with a driving quest for practical ways to make leaders' lives better. Jennifer holds a doctorate in adult development from Harvard University, where she studied under and worked with acclaimed developmental psychologist Robert Kegan. She was an Associate Professor at George Mason University before she left the academy on a mission to connect powerful research and the people doing real work in the world.



Communicating Beyond the “Who, What, When and Where” – Kathleen Simley



Workshop Description: This workshop is for anyone who wants to explore innovative and proven methods of communication within a congregation and in the broader community. The workshop will offer helpful information and tips on effective communication, no matter if you have a paid staff person to do it or not. The workshop will offer creative and successful ways to communicate through print publications, e-newsletters, social media, websites, photography, videos, digital resources and power point presentations – just to name a few. All these communication methods will be presented through the lens of storytelling and achieving the highest engagement and connection possible.

Resources to Bring: Workshop participants are encouraged to bring examples of past communications, such as print brochures, newsletters or e-newsletters, social media posts, power point slides, photographs or other resources.

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Presenter Bio: Kathleen Simley is the Communications Director at First Lutheran Church in Lincoln. Starting as a part-time position in 2015, she moved to full-time status in 2020 and was instrumental in keeping the congregation not only informed, but also engaged and connected in creative and innovative ways during the pandemic and after. Her knowledge of social media and technology, her skill in story telling through creative writing, photography and videography and her natural ability of communicating with audiences of all ages, makes her an invaluable resource to faith communities of all sizes. With 29 years of professional training experience throughout the U.S. with teachers and community youth workers, you can count on her workshops to be delivered with energy, passion, and a high level of interaction.

Intergenerational Worship: The Work of ALL People – Rev Breen Marie Sipes



Workshop Description: What if it is possible to include, involve, and engage all generations, both in worship and in worship leadership? What if worship leadership could be reframed as a generous out-pouring of God’s generosity toward us? And what if it’s not as hard as it sounds? Join Pastor Breen Sipes as we experience pop-up intergenerational worship together, learn a framework for shifting to this type of worship, and formulate a plan for introducing intergenerational worship in your own context.

Items needed: a notebook and writing utensil (or digital equivalent)

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Presenter Bio: Pastor Breen Marie Sipes is a full-time parent and an all-time advocate for intergenerational ministry. She is a board member and facilitator for Music that Makes Community, a guest preacher in small, rural, vibrant congregations, a confirmation curriculum developer, and a volunteer children’s faith formation leader at her home church. She lives in North Platte with her husband Patrick (also a pastor), three amazing daughters, two geriatric cats, and one Nebraska farm dog. She enjoys making music, swimming, biking, crafting, and supporting her girls in their many passions.

The Grace and Wisdom of the Enneagram - Rev. Edgar L. Schambach

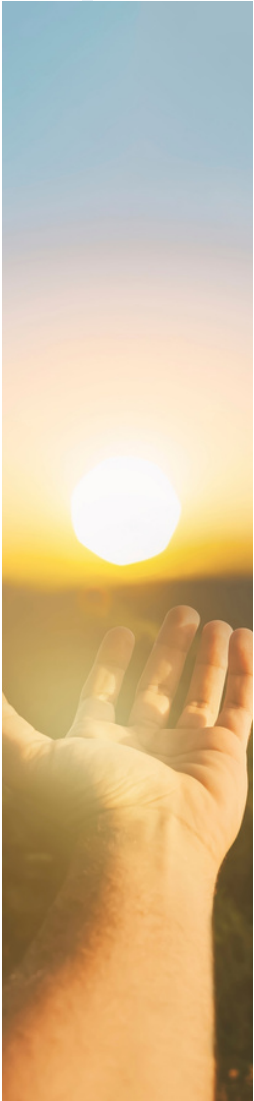
Workshop Description: Our workshop is designed for persons who would like to discover their Enneagram type and its meaning for their life and ministry. It is also designed for those who would like to move beyond today's popular psychological profiling of the Enneagram to the deeper spiritual context of the Enneagram for which the Enneagram was first developed. The Enneagram is more than an unusual 9-pointed diagram that has sparked popular interest. It is both an instrument for self-study and a body of wisdom for spiritual enlightenment that has roots dating back centuries. What was once an oral tradition has today become codified in books and other social media. The Enneagram remains a powerful tool for growing in self-awareness in the light of God's grace and deepening one's spiritual life. It is also an excellent tool for developing personal leadership and interpersonal skills.

Our workshop will fall into three parts. 1) An overview of key aspects of the Enneagram's nine points and its three triads, touching on key aspects not often found in the popular literature. 2) The Enneagram as a tool for self-understanding and deeper spiritual growth. 3) The Enneagram as a tool for strengthening leadership and inter-relationship skills.

ADVANCE PREPARATION: Those new to the Enneagram are urged to read *The Essential Enneagram* (revised and updated edition) by David Daniels and Virginia Price (Price range - new \$15, discount and used prices also available on Amazon), which contains a self-administered test to discover one Enneagram type. Those familiar with the Enneagram may want to review some of the literature regarding their type. For persons needing assistance in determining their type before attending the workshop, they may call Pastor Schambach (402-841-7551)

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Presenter Bio: The Rev. Edgar Schambach has led various Enneagram workshops throughout the Nebraska Synod, where he has served as a pastor for the past 24 years. He has used the Enneagram as a tool in leadership development for church staffs and councils, as well as in faith formation with groups and individuals. He is a Concordia Seminary graduate (1977) and has served rural, small town and urban congregations of various sizes. He also serves as a spiritual director for pastoral leaders and congregational members, receiving his training from the Benedictine Peace Center in Yankton, South Dakota. Currently, he and his wife are enjoying their retirement in Grand Island. They have three children, 12 grandchildren, and at last count 16 great-grandchildren. Oh, and one cat, Jennyanydots.



Self Care - Rev. Dr. Don Eisenhauer

This is an online workshop. Participants will be joining on Zoom on your own devices. Zoom link will be shared with those registered the week of October 23.

Workshop Description: Being in ministry is difficult. We understand the immense responsibility you carry and the challenges you face in caring for others. This webinar on self-care is designed specifically for you. You will be guided on a profound journey of personal growth and well-being. You will discover the essential tools and techniques needed to prioritize your physical, emotional, spiritual, and mental health.

Through interactive exercises, you will learn how to cultivate self-compassion, set healthy boundaries, and develop sustainable self-care habits. Don't miss this opportunity to invest in your well-being, reclaim your joy, and rediscover the deep sense of purpose that initially led you to serve. Embark on a transformative path towards greater self-love and resilience, which will strengthen your ministry.

This is an online workshop with participants joining on their own devices. Please consider joining from a location that honors the confidential nature of this topic. This workshop will not be recorded.

***This workshop constitutes 3 continuing education credits.

Presenter Bio: Rev. Dr. Don Eisenhauer is a Master Certified Coach, accredited by the International Coaching Federation. He is the founder and president of Coaching at End of Life, LLC (coachingatendoflife.com), providing life and end of life training, resources, and coach certification. In addition to doing life and end of life coaching, Don served for 15 years as a pastor, and 19 years as a Hospice Chaplain and Bereavement Coordinator for two hospices in Pennsylvania, where he and his wife live.

