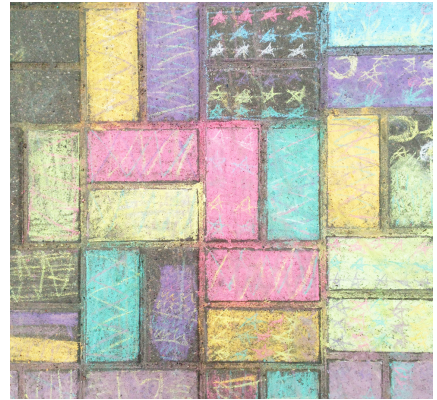


GO AND...

Spiritual Practice: Prayer Squares



Have you ever prayed with a Prayer Square? Prayer Squares can be any shape or size and found in a variety of forms. It can be as simple as the sticky note on your desk, a handcrafted crocheted square, or even a square you may find in the area around you.

The squares serve as a simple reminder to pause and pray throughout the day. Each corner of the square represents a topic to pray for. You may have four topics you want to pray for already, or you can find a pattern that works for you.

If you need a place to start, Deacon Ross Murray of The Naming Project has shared some prompts. Simply hold a corner while you pray each prompt. Go ahead - find something square today and pray!

Prayer Square Prompts:

THANK YOU - for something that has happened recently

I'M SORRY - for something you need to repent for

HELP - for something you or a loved one need God's help with

WOW - for something that is amazing around you or in your life