

# GO AND...

Prayer is the grounding for our relationship with God. From formal prayers offered in worship, prayers at meals, and fleeting moments of prayer, our lives are enveloped in prayer. In prayer, we both listen and share what is in our hearts and on our minds. We move, live, and serve in and out of our prayers.

## Questions to Consider:

- What is your big prayer at this time?
- What is going on in the lives of your neighbor? How can you pray for them?
- Where will you GO and... grow your prayer life this month?

**Prayer:** Holy One, help me pause and engage in conversation with you this month and always. Amen.

**Suggested Song:** Lord, Listen to Your Children Praying (ELW 752)

*Learn More at [www.nebraskasynod.org](http://www.nebraskasynod.org)*

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