**Spiritual Directors**

Seeking the Spirit Within verifies that each person listed here has been certified by a program of spiritual direction formation and is both going to spiritual direction themselves and participating in Reflective Practices of Spiritual Directors with qualified facilitators.

Remember, it is up to you to choose your spiritual director wisely. You are encouraged to speak with one or two directors in order to establish a comfortable fit for you and the director. Let each person you speak with know what urges you to seek a relationship with a spiritual director, what you expect, and learn what you can expect from the director. Listen for the way the Spirit is guiding you in your selection process.

* Vicki Schleifer Buras: Omaha, NE; [vickiburas@gmail.com](mailto:vickiburas@gmail.com); 402-740-2824; ecumenical
* Sally Carlson: Omaha, NE; [revsally1@gmail.com](mailto:revsally1@gmail.com); 402-305-7704; Presbyterian
* Terry Dowling: North Platte, NE; [tldowling@msn.com](mailto:tldowling@msn.com); 308-532-7581 (H); 308-530-6597; (C) 308-530-6597; Lutheran
* John J. Duling (Rev. Dr.): Lincoln, NE; [pastorjjd@gmail.com](mailto:pastorjjd@gmail.com); 402-981-6073; Presbyterian
* Nicole Geiler: Omaha, NE; [nicole.geiler@icloud.com](mailto:nicole.geiler@icloud.com); 402-960-8401; Christian, Presbyterian, Non-denominational
* Deb Gray: Omaha, NE; [dgray@figurebyfaith.com](mailto:dgray@figurebyfaith.com); 402-680-6020; Lutheran
* Patrick A. Gregory: Omaha, NE; [pagregoryne@gmail.com](mailto:pagregoryne@gmail.com); 402-533-9900; Lutheran ELCA
* Janice Japp: Omaha, NE; [Janice.spiritualdirector@gmail.com](mailto:Janice.spiritualdirector@gmail.com); 402-650-0586; United Methodist
* Lisa Kramme: Fremont, NE; [lisakramme27@gmail.com](mailto:lisakramme27@gmail.com); 402-669-6309; Evangelical Lutheran Church in America
* Anne Kubr: Lincoln, NE; [acrkubr@gmail.com](mailto:acrkubr@gmail.com); ELCA
* Michelle Mainquist: Lincoln, NE; [michelle@soitflosspiritualdirection.com](mailto:michelle@soitflosspiritualdirection.com); 402-617-5417; all faith traditions
* Rev. Carol T. Mapa: North Platte, NE; [carolmapa605@@gmail.com](mailto:pastorcarolzionlutheran@gmail.com); 605-391-1086; Lutheran ELCA
* Brad E. Meyer: Omaha, NE; [pastorbrad@rejoiceomaha.org](mailto:pastorbrad@rejoiceomaha.org); 402-680-8592; ELCA
* Kathy Miller: Seward, NE; [Kathy.miller@cunc.edu](mailto:Kathy.miller@cunc.edu); 402-643-9524; Lutheran
* Mary Mohl: Wayne, NE; [m.dmohl@abbnebraska.com](mailto:m.dmohl@abbnebraska.com); 402-841-1009; ELCA Lutheran
* Rev. Glenda Dietrich Moore: Lincoln, NE; [creationenergy@outlook.com](mailto:creationenergy@outlook.com); 402-483-5308; Christian Church (Disciples of Christ)
* Alissa Ries: Lincoln, NE; [snwlvr@hotmail.com](mailto:snwlvr@hotmail.com); 402-580-4526; open to all
* Greg Schuerman: Omaha, NE; [gschuerman@gmail.com](mailto:gschuerman@gmail.com); 402-216-3212; Lutheran
* Eric Spruth-Janssen: Humboldt, NE; [eramsj@yahoo.com](mailto:eramsj@yahoo.com); 402-877-4425; ELCA
* Kathy (Kathryne) Stelzer: Spirit Lake, IA; [kathyschurchonly@gmail.com](mailto:kathyschurchonly@gmail.com); 712-540-2750;; ELCA Lutheran
* Mark Stelzer: Spirit Lake, IA; [markestelzer@hotmail.com](mailto:markestelzer@hotmail.com); 712-540-2750; Lutheran
* Patricia Stetson-Warning: Crawford, NE; [revpatriciasw12@outlook.com](mailto:revpatriciasw12@outlook.com); 308-665-2367; Presbyterian (USA)
* Terri Storer: Lincoln, NE; [tstorer@neb.rr.com](mailto:tstorer@neb.rr.com); 402-440-4696; Methodist
* Rev. Ann Sundberg: Chadron, NE; [asundberg1234@gmail.com](mailto:asundberg1234@gmail.com); 919-475-9754; Lutheran (ELCA)
* Tracey Vrba: Fremont, NE; [hello@traceymvrba.com](mailto:hello@traceymvrba.com); ELCA member, open to all denominations

These spiritual directors have consistently demonstrated gifts for retreat leadership and are suggested to you by the Seeking the Spirit Within Advisory Board. They are experienced retreat leaders who are available to serve as resources and leaders for retreats in the Nebraska Synod. A customary honorarium is $60 per contact hour plus mileage and expenses.

* Shirley Knight, Omaha – (402) 468-5557; cell: (402) 670-5467
* Rev. Brad Meyer, Omaha – (402) 334-1999
* Kathryn Paisley, Lincoln – (402) 423-4769 Ext. 107; cell: (402) 613-0600