



# Youth Ministry

Young people have a variety of interests, learning styles & needs, especially during this season of experiencing a “new normal.”

Check out resources linked here to find ideas for spiritual practices, guided learning, respectful relationships and faith-filled service.

Some of these resources may be more interesting for adults involved in youth ministry. More resources are regularly shared on the [Nebraska Synod Faith Formation Facebook page](#). If you'd like a conversation partner about youth ministry in your setting, please contact [Lisa Kramme](#), Director for Faith Formation with the Nebraska Synod.

Summer 2021

## Spiritual Practices:

- [Praying in Color](#)
- [Practicing Gratitude](#)
- [Lectio Divina](#)
- [Candle Time Prayer Kit](#)

## Guided Learning:

- [Faith Lens](#)
- [Bible Study Resources](#)
- [Resiliency: A Parent's Guide](#)
- [The New Normal: 8 Ways to Care for Gen Z in a Post-Pandemic World](#)

## Respectful Relationships:

- [Tips for Active Listening](#)
- [Empathic Listening](#)
- [Mental Health Resources to Understand & Address COVID-19](#)
- [Made, Known, Loved: Developing LGBTQ-Inclusive Youth Ministry](#)

## Faith-Filled Service:

- [Road Map to Food Drives](#)
- [Digging In: A Leader's Guide to Service Learning](#)
- [Lutheran Family Services: Refugee Co-Sponsorship](#)
- [Do Something](#)