


VISION

- To develop a culture of spiritual growth in the Nebraska Synod so that we might more effectively serve for the sake of the world.
- To deepen understanding of prayer and spiritual practices.
- To increase vocabulary to articulate spiritual experiences.
- To develop capacity to trust and listen contemplatively to others.
- To understand principles and practices of discerning God's voice in spiritual journeys.
- To deepen understanding of self, others, and God, and understand possible barriers to spiritual growth.
- To study and learn from mystics and the deep heritage of spiritual direction from the past.
- To serve as director for individuals while participating in supervision.



We seek the Spirit within to prepare people for the ministry of spiritual direction.

CONTACT US

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Seeking the Spirit Within

SPIRITUAL DIRECTOR
TRAINING PROGRAM
OF THE NEBRASKA
SYNOD



CURRICULUM

TERM 1

- Spiritual Disciplines
- The Sacred Art of Listening
- Diversity & Inclusion
- Theology of the Cross and of love
- Background in the Ministry of Spiritual Direction
- Anatomy of Peace

TERM 2

- The Christian Mystics
- Psychological Issues of Spiritual Direction Ministry
- Prayer and Spiritual Practices
- Ministry of Spiritual Direction
- Sacred Trust and Boundaries
- Ethical Standards

TERM 3

- Spiritual Practices
- Stages of Faith
- Dreamwork
- Enneagram
- Practicum & Supervision

TERM 4

- Spiritual Practices
- Practicum & Supervision
- Discernment
- The Process of Forgiveness
- Enneagram Companions
- Certification

TUITION & FEES

Cost

- One-time application fee (non-refundable) - \$75*
*(*Application fee will be discounted to \$50 for those who attend a Seeking the Spirit Within discernment retreat.)*
- Tuition - \$1,200 per term for four terms - \$4,800 total

*Cost of books, individual spiritual direction, travel and any incurred computer costs are the responsibility of each participant.

**Members of Nebraska Synod ELCA congregations may apply prior to each semester for a mission grant for 20% of the cost.

The mission grant is applied for one time (prior to Term 1) and is then automatically awarded for each subsequent term. Tuition - \$1,200 per term for four terms - \$4,800 total



APPLICATION

Forms & Requirements

- obtain and submit an application.
- obtain reference forms to be submitted by applicant's pastor and one other person from within their faith community.
- obtain and submit forms for required background check.
- participate in a personal interview with the Director of Seeking the Spirit Within and one advisory board member.
- engage in a one-on-one relationship with a certified spiritual director, preferably for one year prior to application.
- commit to continued individual spiritual direction during the two-year program.
- develop and/or maintain computer literacy and access for participation with the program's online discussion board.

