

Essential Boundaries for Wise Leaders 101 & 201 Content Outlines -
based on materials from FaithTrust Institute (<https://faithtrustinstitute.org/>)

Essential Boundaries 101 – The Basics

Sessions

- I - Boundaries, Power and Vulnerability
- II - Dating, Friendships, Dual Relationships, Gifts
- III – Pulpit, Transference, Hugging & Touch, Intimacy
- IV – Emerging Issues in Maintaining Healthy Boundaries
- V – Preserving Boundaries: Personal & Professional Health

Essential Boundaries 201 – Beyond The Basics

Sessions

- I – Core Material: Review of 101 Power & Vulnerability
- II – Core Material: Self-Care and Wellness
- III-V – Three modules related to the advance questions of the registered participants such as Internet & Social Media, Finances, Sexual Attraction or Harassment, Gender Issues, LGBTQA+, Race, Others as they are made available)

For questions about the content, contact Rev. Megan Morrow at megan@nebraskasynod.org.