

# **A SEASON IN THE WILDERNESS**

*Daily Prayer for  
Quarantine, Isolation, & Social Distancing*

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## Monday — *Morning Prayer*

### Preparation

O Lord, open our lips.

**And our mouth shall proclaim your praise.**

### *A Song for the Poor in Spirit*

- 1 I said: In the noontide of my days, I must depart; ♦  
I am consigned to the gates of Sheol for the rest of my years.
- 2 I said, I shall not see the Lord in the land of the living; ♦  
I shall look upon mortals no more  
among the inhabitants of the world.
- 3 My dwelling is plucked up and removed from me, like a shepherd's tent; ♦  
like a weaver I have rolled up my life; he cuts me off from the loom;  
from day to night you bring me to an end.
- 4 I cry for help until morning; like a lion he breaks all my bones; ♦  
from day to night you bring me to an end.
- 5 Like a swallow or crane I clamor, I moan like a dove. ♦  
My eyes are weary with looking upward.  
Oh Lord, I am oppressed; be my security! (*Isaiah 38:10-14*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:3, 12*)

### *Opening Prayer*

The night has passed, and the day lies open before us;  
let us pray with those from whom we are separated in body,  
that we might be joined to them in spirit.

### *Silence*

Amidst the poverty of our spirit, O God,  
reveal to us a glimpse of your heavenly kingdom,  
that we may rejoice in our work  
and be renewed in our confidence this day.  
**Amen.**

Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:3, 12*)

## **The Liturgy of the Word**

### *Psalmody*

Psalm 88 *OR* Psalm 13

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

### *Silence for Reflection*

Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:3, 12*)

### *The Benedictus*

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,

- 6 Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace. (*Luke 1:68-79*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:3, 12*)

## **Prayers**

### *Intercessory Prayers*

God of Compassion,  
We pray today for all those who are poor in spirit. Bring healing to those who suffer, consolation to those who feel isolated and alone, and empower your church to be an agent of healing for all those in need.

Lord, in your mercy.

**Hear our prayer.**

For those infected with the COVID-19 virus: help them recover in health and restore them to strength of mind and body.

Lord, in your mercy.

**Hear our prayer.**

For workers in the service industry and those forced to close businesses or leave places of work: keep them healthy, bestow on them the resources to care for themselves and their families, and give them assurance in their medical and financial distress.

Lord, in your mercy.

**Hear our prayer.**

For those experiencing financial loss and uncertainty: have mercy on their hardships, alleviate their fears, and provide them the daily bread they need to survive.

Lord, in your mercy.

**Hear our prayer.**

For those who are far from home or have no home to go to: provide them the necessary shelter and resources to endure, and empower your people to respond with generosity to our neighbors in need.

Lord, in your mercy.

**Hear our prayer.**

For those suffering loneliness in this time of isolation: give them assurance of their value to unseen friends and family, and provide them the gift of friendship, even from unexpected places.

Lord, in your mercy.

**Hear our prayer.**

### *The Collect*

Merciful God,

Your Son Jesus knew the pain of loss and dereliction. Sharing our suffering in this time of crisis, then, bless all those who are poor in spirit. Build them up in courage and confidence, that your kingdom may be revealed in their work and witness. Grant us the strength to persevere in this season of solitude, and lead us once again into the warm embrace of all who love us.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name.**

**Thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
the power, and the glory,  
forever and ever.**

**Amen.**

## **The Conclusion**

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:3, 12*)

### *The Benediction*

The Lord sustain us in our solitude.

The Lord speak to us in our silence.

The Lord preserve us in health, cleanse us in body, and purify us in spirit.

The Lord bless us on our journey and bring us home to each other once more.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

## Monday — Evening Prayer

### Preparation

O God, make speed to save us.  
**O Lord, make haste to help us.**

### *A Song for the Poor in Spirit*

- 1 O Lord, by these things people live, and in all these is the life of my spirit. ♦  
O, restore me to health and make me live!
- 2 Surely it was for my welfare that I had great bitterness; ♦  
but you have held back my life from the pit of destruction,  
for you have cast all my sins behind your back.
- 3 For Sheol cannot thank you, death cannot praise you; ♦  
those who go down to the Pit cannot hope  
for your faithfulness.
- 4 The living, the living, they thank you, as I do this day; ♦  
fathers make known to children your faithfulness.
- 5 The Lord will save me, ♦  
and we will sing to stringed instruments  
all the days of our lives,  
at the house of the Lord. (*Isaiah 38:16-20*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

O give thanks to the Lord, for he is good;  
**His steadfast love endures forever.** (*1 Chronicles 16:34*)

### *Opening Prayer*

As the sun sets on the day that was,  
let us turn to God with gratitude for what we have received,  
confession for when we have gone astray,  
and anticipation of brighter days to come.

*Silence for Reflection*

*Confession*

**Most merciful God,  
we confess to you,  
before the whole company of heaven and one another,  
that we have sinned in thought, word, and deed  
and in what we have failed to do.  
Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ.  
Amen.**

O give thanks to the Lord, for he is good;  
**His steadfast love endures forever.** (*1 Chronicles 16:34*)

## **The Liturgy of the Word**

*Psalmody*

Psalm 28 *OR* Psalm 103

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

*Silence for Reflection*

O give thanks to the Lord, for he is good;  
**His steadfast love endures forever.** (*1 Chronicles 16:34*)

## *The Magnificat*

- 1 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; ♦  
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me  
and holy is his name.
- 3 He has mercy on those who fear him, ♦  
from generation to generation.
- 4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.
- 6 He has filled the hungry with good things ♦  
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,
- 8 The promise made to our ancestors, ♦  
to Abraham and his children for ever. (*Luke 1:46-55*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

O give thanks to the Lord, for he is good;  
**His steadfast love endures forever.** (*1 Chronicles 16:34*)

## Prayers

### *Prayers of Remembrance*

*A moment of silence is kept after each petition for reflection on the events of the day.*

God of All Good Gifts,

We thank you for this day and all that you have provided in it. Especially we give thanks...

for our work and what we have accomplished...

for moments of consolation...

for moments of laughter...

for moments of stillness...

for time spent with others...

for time spent alone...

We pray also for the needs of others this night. Especially we remember...

those whom we know are sick or recovering from sickness...

those who work to protect or provide for us...

those who provide care for others...

those who are alone...

those who are without shelter or security tonight...

friends and family who are far from us at this time...

### *The Collect*

Loving God,

You have brought us through the work of this day to the stillness of this night. Receive what we have done, forgive what we have misdone, and guide what we shall do. Keep us in your loving embrace tonight, that we might rise refreshed to rejoice in the gift of a new day.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name.**

**Thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
the power, and the glory,**

**forever and ever.**

**Amen.**

## **The Conclusion**

O give thanks to the Lord, for he is good;  
**His steadfast love endures forever.** (*1 Chronicles 16:34*)

### *The Benediction*

The Lord sustain us in our solitude.  
The Lord speak to us in our silence.  
The Lord preserve us in health, cleanse us in body, and purify us in spirit.  
The Lord bless us on our journey, and bring us home to each other once more.  
**Amen.**

The Lord almighty grant us a quiet night and a perfect end.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

## Tuesday — *Morning Prayer*

### Preparation

O Lord, open our lips.

**And our mouth shall proclaim your praise.**

### *A Promise for Those Who Mourn*

- 1 Thus says the Lord: A voice is heard in Ramah, ♦  
lamentation and bitter weeping;
- 2 Rachel is weeping for her children; ♦  
she refuses to be comforted for her children,  
because they are no more.
- 3 Thus says the Lord: Keep your voice from weeping, and your eyes from tears; ♦  
for there is a reward for your work, says the Lord:  
they shall come back from the land of the enemy;
- 4 There is hope for your future says the Lord: ♦  
your children shall come back to their own country. (*Jeremiah 31:15-17*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are those who mourn, for they will be comforted.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:4, 12*)

### *Opening Prayer*

The night has passed, and the day lies open before us;  
let us pray with those from whom we are separated in body,  
that we might be joined to them in spirit.

### *Silence*

As we mourn for those from whom we are separated by death or distance,  
stir us up in hope, O God,  
that we might be comforted in our loss,  
and raised up in anticipation of eternal life.

**Amen.**

Blessed are those who mourn, for they will be comforted.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:4, 12*)

## **The Liturgy of the Word**

### *Psalmody*

Psalm 6 *OR* Psalm 42

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

### *Silence for Reflection*

Blessed are those who mourn, for they will be comforted.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:4, 12*)

### *The Benedictus*

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,

- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace. (*Luke 1:68-79*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are those who mourn, for they will be comforted.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:4, 12*)

## **Prayers**

### *Intercessory Prayers*

God of Renewal,  
We pray today for those who mourn. Console those who have lost family or friends and stir us  
up to share in your work of healing and comfort.  
Lord, in your mercy.  
**Hear our prayer.**

For all who have died, especially those who have died from the COVID-19 virus: receive them  
into the arms of your mercy and grant them eternal peace.  
Lord, in your mercy.  
**Hear our prayer.**

For all who mourn the dead and dying: surround them with your healing comfort and inspire  
them to resurrection hope.  
Lord, in your mercy.  
**Hear our prayer.**

For those who are unable to grieve publicly with friends and families because of social  
distancing: give them confidence in the cloud of witnesses that surrounds them and provide  
alternative means for others to express their love and support.  
Lord, in your mercy.  
**Hear our prayer.**

For those who have lost jobs, homes, or financial security during this crisis: provide them friends and resources to care for them in their distress and opportunity and direction for their future.

Lord, in your mercy.

**Hear our prayer.**

For ministers, chaplains, counselors, therapists, and all who provide care for the grieving: grant them wisdom with their words and perseverance through this time of trial.

Lord, in your mercy.

**Hear our prayer.**

### *The Collect*

God of Comfort,

You yourself grieved over the death of your Son Jesus. In your compassion, surround all who mourn with your loving embrace, that they may know the peace that passes all understanding. And as you raised your Son to new life, raise us each up to hope in a bright future and faith in life eternal.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,**

**hallowed be thy name.**

**Thy kingdom come, thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread,**

**and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**the power, and the glory,**

**forever and ever.**

**Amen.**

## **The Conclusion**

Blessed are those who mourn, for they will be comforted.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:4, 12*)

### *The Benediction*

The Lord sustain us in our solitude.

The Lord speak to us in our silence.

The Lord preserve us in health, cleanse us in body, and purify us in spirit.

The Lord bless us on our journey and bring us home to each other once more.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

## Tuesday — *Evening Prayer*

### Preparation

O God, make speed to save us.  
**O Lord, make haste to help us.**

### *A Prophecy for Those Who Mourn*

- 1 Hear the word of the Lord, O nations, and declare it in the coastlands far away; ♦  
say, ‘He who scattered Israel will gather him, and will keep him as a shepherd a flock.’
- 2 For the Lord has ransomed Jacob, ♦  
and has redeemed him from hands too strong for him.
- 3 They shall come and sing aloud on the height of Zion, ♦  
and they shall be radiant over the goodness of the Lord,
- 4 Over the grain, the wine, and the oil, and over the young of the flock and the herd; ♦  
their life shall become like a watered garden, and they shall never languish again.
- 5 Then shall the young women rejoice in the dance, ♦  
and the young men and the old shall be merry.
- 2 I will turn their mourning into joy, ♦  
I will comfort them, and give them gladness for sorrow.
- 5 I will give the priests their fill of fatness, ♦  
and my people shall be satisfied with my bounty,  
says the Lord. (*Jeremiah 31:10-14*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

I am sure I shall see the goodness of the Lord in the land of the living.  
**Be strong, take heart; wait for the Lord.** (*Psalms 27:13-14*)

### *Opening Prayer*

As the sun sets on the day that was,  
let us turn to God with gratitude for what we have received,  
confession for when we have gone astray,  
and anticipation of brighter days to come.

*Silence for Reflection*

*Confession*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

I am sure I shall see the goodness of the Lord in the land of the living.  
**Be strong, take heart; wait for the Lord.** (*Psalm 27:13-14*)

## **The Liturgy of the Word**

*Psalmody*

Psalm 30 *OR* Psalm 77

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

*Silence for Reflection*

I am sure I shall see the goodness of the Lord in the land of the living.  
**Be strong, take heart; wait for the Lord.** (*Psalm 27:13-14*)

## *The Magnificat*

- 1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour; ♦  
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me  
and holy is his name.
- 3 He has mercy on those who fear him, ♦  
from generation to generation.
- 4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.
- 6 He has filled the hungry with good things ♦  
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,
- 8 The promise made to our ancestors, ♦  
to Abraham and his children for ever. (*Luke 1:46-55*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

I am sure I shall see the goodness of the Lord in the land of the living.  
**Be strong, take heart; wait for the Lord.** (*Psalm 27:13-14*)

## Prayers

### *Prayers of Remembrance*

*A moment of silence is kept after each petition for reflection on the events of the day.*

God of All Good Gifts,

We thank you for this day and all that you have provided in it. Especially we give thanks...

for our work and what we have accomplished...

for moments of consolation...

for moments of laughter...

for moments of stillness...

for time spent with others...

for time spent alone...

We pray also for the needs of others this night. Especially we remember...

those whom we know are sick or recovering from sickness...

those who work to protect or provide for us...

those who provide care for others...

those who are alone...

those who are without shelter or security tonight...

friends and family who are far from us at this time...

### *The Collect*

Loving God,

You have brought us through the work of this day to the stillness of this night. Receive what we have done, forgive what we have misdone, and guide what we shall do. Keep us in your loving embrace tonight, that we might rise refreshed to rejoice in the gift of a new day.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,**

**hallowed be thy name.**

**Thy kingdom come, thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread,**

**and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**the power, and the glory,**

**forever and ever.**

**Amen.**

## **The Conclusion**

I am sure I shall see the goodness of the Lord in the land of the living.

**Be strong, take heart; wait for the Lord.** (*Psalm 27:13-14*)

### *The Benediction*

The Lord sustain us in our solitude.

The Lord speak to us in our silence.

The Lord preserve us in health, cleanse us in body, and purify us in spirit.

The Lord bless us on our journey, and bring us home to each other once more.

**Amen.**

The Lord almighty grant us a quiet night and a perfect end.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

## Wednesday — *Morning Prayer*

### Preparation

O Lord, open our lips.

**And our mouth shall proclaim your praise.**

### *A Song for the Meek*

- 1 You came forth, O God, to save your people, to save your anointed. ♦  
You crushed the head of the wicked house, laying it bare from foundation to roof.
- 2 You pierced with their own arrows the head of his warriors, ♦  
who came like a whirlwind to scatter us,  
gloating as if ready to devour the poor who were in hiding.
- 3 You trampled the sea with your horses, ♦  
churning the mighty waters.
- 4 I hear, and I tremble within; ♦  
my lips quiver at the sound.
- 5 Rottenness enters into my bones, and my steps tremble beneath me. ♦  
I wait quietly for the day of calamity to come upon those who attack us.  
*(Habakkuk 3:13-16)*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are the meek, for they will inherit the earth.

**Rejoice and be glad, for yours is the kingdom of God.** *(Matthew 5:5, 12)*

### *Opening Prayer*

The night has passed, and the day lies open before us;  
let us pray with those from whom we are separated in body,  
that we might be joined to them in spirit.

### *Silence*

As we tremble in fear and uncertainty in this time of crisis, O God,  
grant us trust in your power over the earth,  
that we might find our confidence in you when we lack confidence in ourselves.  
**Amen.**

Blessed are the meek, for they will inherit the earth.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:5, 12*)

## **The Liturgy of the Word**

### *Psalmody*

Psalm 10 *OR* Psalm 35

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

### *Silence for Reflection*

Blessed are the meek, for they will inherit the earth.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:5, 12*)

### *The Benedictus*

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,

- 6 Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace. (*Luke 1:68-79*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are the meek, for they will inherit the earth.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:5, 12*)

## **Prayers**

### *Intercessory Prayers*

God of All Creation,

We pray today for the meek, for those who are afraid, and for those who bring a spirit of gentleness in a time of panic. Give us confidence as we combat an evil we cannot see, and give us patience to willingly endure this time of uncertainty and inconvenience.

Lord, in your mercy.

**Hear our prayer.**

For those at high risk of infection from the COVID-19 virus, especially the elderly and those with compromised immunity: keep them healthy and free of all sickness.

Lord, in your mercy.

**Hear our prayer.**

For those at low risk of infection: inspire them to love their neighbors by taking extra precautions and providing care and resources where possible.

Lord, in your mercy.

**Hear our prayer.**

For those in quarantine, the shut-in, and the infirmed: keep them in good spirits and grant them the peace that passes all understanding.

Lord, in your mercy.

**Hear our prayer.**

For those who are afraid: grant them peace in the face of panic, confidence in the presence of uncertainty, and trust in the knowledge and leadership of others.

Lord, in your mercy.

**Hear our prayer.**

For the planet on which we live: may our collective time of lessened consumption be a necessary balm for your creation, and may the habits we acquire in isolation and restraint train us to be better stewards of that which the meek shall inherit.

Lord, in your mercy.

**Hear our prayer.**

### *The Collect*

Gentle and Loving God,

In a world of competition and power, we give you thanks for the gift of meekness. Help us to learn through our experience of this virus and its consequences the virtues of gentleness, stillness, and Sabbath rest. Grant us your peace in this time of disquiet, and bring us at last to a healthy and renewed earth.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name.**

**Thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
the power, and the glory,  
forever and ever.**

**Amen.**

## **The Conclusion**

Blessed are the meek, for they will inherit the earth.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:5, 12*)

### *The Benediction*

The Lord sustain us in our solitude.

The Lord speak to us in our silence.

The Lord preserve us in health, cleanse us in body, and purify us in spirit.

The Lord bless us on our journey and bring us home to each other once more.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

## Wednesday — *Evening Prayer*

### Preparation

O God, make speed to save us.  
**O Lord, make haste to help us.**

### *A Song of Trust and Joy in the Midst of Mourning*

- 1 Though the fig tree does not blossom, ♦  
and no fruit is on the vines;
- 2 Though the produce of the olive fails, ♦  
and the fields yield no food;
- 3 Though the flock is cut off from the fold, ♦  
and there is no herd in the stalls.
- 4 Yet I will rejoice in the Lord, ♦  
I will exult in the God of my salvation.
- 5 God, the Lord, is my strength; ♦  
he makes my feet like the feet of a deer,  
and makes me tread upon the heights. (*Habakkuk 3:17-19*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Lord, now let your servant go in peace,  
**Your word has been fulfilled.** (*Luke 2:29*)

### *Opening Prayer*

As the sun sets on the day that was,  
let us turn to God with gratitude for what we have received,  
confession for when we have gone astray,  
and anticipation of brighter days to come.

### *Silence for Reflection*

### *Confession*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

Lord, now let your servant go in peace,  
**Your word has been fulfilled.** (*Luke 2:29*)

### **The Liturgy of the Word**

#### *Psalmody*

Psalm 7 *OR* Psalm 27

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

#### *Silence for Reflection*

Lord, now let your servant go in peace,  
**Your word has been fulfilled.** (*Luke 2:29*)

## *The Magnificat*

- 1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour; ♦  
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me  
and holy is his name.
- 3 He has mercy on those who fear him, ♦  
from generation to generation.
- 4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.
- 6 He has filled the hungry with good things ♦  
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,
- 8 The promise made to our ancestors, ♦  
to Abraham and his children for ever. (*Luke 1:46-55*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Lord, now let your servant go in peace,  
**Your word has been fulfilled.** (*Luke 2:29*)

## Prayers

### *Prayers of Remembrance*

*A moment of silence is kept after each petition for reflection on the events of the day.*

God of All Good Gifts,

We thank you for this day and all that you have provided in it. Especially we give thanks...

for our work and what we have accomplished...

for moments of consolation...

for moments of laughter...

for moments of stillness...

for time spent with others...

for time spent alone...

We pray also for the needs of others this night. Especially we remember...

those whom we know are sick or recovering from sickness...

those who work to protect or provide for us...

those who provide care for others...

those who are alone...

those who are without shelter or security tonight...

friends and family who are far from us at this time...

### *The Collect*

Loving God,

You have brought us through the work of this day to the stillness of this night. Receive what we have done, forgive what we have misdone, and guide what we shall do. Keep us in your loving embrace tonight, that we might rise refreshed to rejoice in the gift of a new day.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name.**

**Thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
the power, and the glory,**

**forever and ever.**

**Amen.**

## **The Conclusion**

Lord, now let your servant go in peace,  
**Your word has been fulfilled.** (*Luke 2:29*)

### *The Benediction*

The Lord sustain us in our solitude.  
The Lord speak to us in our silence.  
The Lord preserve us in health, cleanse us in body, and purify us in spirit.  
The Lord bless us on our journey, and bring us home to each other once more.  
**Amen.**

The Lord almighty grant us a quiet night and a perfect end.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

## Thursday — Morning Prayer

### Preparation

O Lord, open our lips.

**And our mouth shall proclaim your praise.**

### *A Song for Those Who Hunger and Thirst for Righteousness*

- 1 Hear my prayer, O Lord, and in your faithfulness give ear to my supplications; ♦  
answer me in your righteousness.
- 2 Enter not into judgement with your servant, ♦  
for in your sight shall no one living be justified.
- 3 My spirit faints within me; ♦  
my heart within me is desolate.
- 4 I stretch out my hands to you; ♦  
my soul gasps for you like a thirsty land.
- 5 O Lord, make haste to answer me; my spirit fails me; ♦  
hide not your face from me  
lest I be like those who go down to the Pit.
- 6 Let me hear of your loving-kindness in the morning, for in you I put my trust; ♦  
show me the way I should walk in,  
for I lift up my soul to you.
- 7 Teach me to do what pleases you, for you are my God; ♦  
let your kindly spirit lead me on a level path.
- 8 Revive me, O Lord, for your name's sake; ♦  
for your righteousness' sake, bring me out of trouble. (*Psalm 143:1, 2, 4, 6-8, 10, 11*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are those who hunger and thirst for righteousness, for they will be filled.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:6, 12*)

### *Opening Prayer*

The night has passed, and the day lies open before us;  
let us pray with those from whom we are separated in body,  
that we might be joined to them in spirit.

### *Silence*

We hunger and thirst for you, O God,  
as we hunger and thirst for renewal in our relationships with one another.  
Feed us with your encouragement,  
mould our spirits with fervor for righteousness,  
and inspire us to increased love of our neighbour.  
**Amen.**

Blessed are those who hunger and thirst for righteousness, for they will be filled.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:6, 12*)

## **The Liturgy of the Word**

### *Psalmody*

Psalm 1 *OR* Psalm 126

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

### *Silence for Reflection*

Blessed are those who hunger and thirst for righteousness, for they will be filled.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:6, 12*)

### *The Benedictus*

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace. (*Luke 1:68-79*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are those who hunger and thirst for righteousness, for they will be filled.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:6, 12*)

## Prayers

### *Intercessory Prayers*

Good and Gracious God,

We pray today for those who hunger and thirst for your righteousness. Affirm those who press on to the goal of your kingdom come with visions of progress, and inspire those in power to lead us with virtue and care for human life.

Lord, in your mercy.

**Hear our prayer.**

For your church and for all places of worship: inspire us to be active agents of hope in this time of uncertainty, that not only our words but our actions may give you praise.

Lord, in your mercy.

**Hear our prayer.**

For journalists and media: protect them from harm in their pursuit of the truth, and inspire them to spread insight and knowledge instead of fear, panic, or polarization.

Lord, in your mercy.

**Hear our prayer.**

For parents and caregivers: build them up in persistence amidst the current climate of uncertainty, and give them words of wisdom to those who look to them for security.

Lord, in your mercy.

**Hear our prayer.**

For medical researchers, policy experts, and those in positions of influence: give them the grace to make decisions that benefit all people, and may those to whom they speak heed their advice.

Lord, in your mercy.

**Hear our prayer.**

For landlords, business owners, and manufacturers: give them the virtue to value human life and wellbeing over profit and opportunism, and guide them to adjust their actions to benefit a world in crisis rather than their own bottom line.

Lord, in your mercy.

**Hear our prayer.**

### *The Collect*

Righteous God,

In your Son Jesus you show us how to live: how to love, how to show mercy, how to heal, and how to sacrifice ourselves for the wellbeing of our neighbour. Refocus our hearts on the way of your Son in this time of inconvenience, that we would be transformed by the renewing of our minds to be your body in the world.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
forever and ever.  
Amen.**

### **The Conclusion**

Blessed are those who hunger and thirst for righteousness, for they will be filled.  
**Rejoice and be glad, for yours is the kingdom of God. (Matthew 5:6, 12)**

### *The Benediction*

The Lord sustain us in our solitude.  
The Lord speak to us in our silence.  
The Lord preserve us in health, cleanse us in body, and purify us in spirit.  
The Lord bless us on our journey and bring us home to each other once more.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

## Thursday — Evening Prayer

### Preparation

O God, make speed to save us.  
**O Lord, make haste to help us.**

### *A Song for Those Who Hunger and Thirst for Righteousness*

- 1 Come, let us go up to the mountain of God, ♦  
to the house of the God of Jacob;
- 2 That God may teach us his ways, ♦  
and that we may walk in his paths.
- 3 For the law shall go out from Zion, ♦  
and the word of the Lord from Jerusalem.
- 4 God shall judge between the nations, ♦  
and shall mediate for many peoples.
- 5 They shall beat their swords into ploughshares, ♦  
and their spears into pruning hooks.
- 6 Nation shall not lift up sword against nation, ♦  
neither shall they learn war any more.
- 7 O people of Jacob, come: ♦  
let us walk in the light of the Lord. (*Isaiah 2:3-5*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

The sacrifice acceptable to God is a broken spirit;  
**A broken and contrite heart, O God, you will not despise.** (*Psalms 51:17*)

### *Opening Prayer*

As the sun sets on the day that was,  
let us turn to God with gratitude for what we have received,  
confession for when we have gone astray,  
and anticipation of brighter days to come.

### *Silence for Reflection*

## *Confession*

**Most merciful God,  
we confess to you,  
before the whole company of heaven and one another,  
that we have sinned in thought, word, and deed  
and in what we have failed to do.  
Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ.  
Amen.**

The sacrifice acceptable to God is a broken spirit;  
**A broken and contrite heart, O God, you will not despise.** (*Psalm 51:17*)

## **The Liturgy of the Word**

### *Psalmody*

Psalm 12 *OR* Psalm 17

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

### *Silence for Reflection*

The sacrifice acceptable to God is a broken spirit;  
**A broken and contrite heart, O God, you will not despise.** (*Psalm 51:17*)

### *The Magnificat*

- 1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour; ♦  
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me  
and holy is his name.
- 3 He has mercy on those who fear him, ♦  
from generation to generation.

- 4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.
- 6 He has filled the hungry with good things ♦  
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,
- 8 The promise made to our ancestors, ♦  
to Abraham and his children for ever. (*Luke 1:46-55*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

The sacrifice acceptable to God is a broken spirit;  
**A broken and contrite heart, O God, you will not despise.** (*Psalms 51:17*)

## **Prayers**

### *Prayers of Remembrance*

*A moment of silence is kept after each petition for reflection on the events of the day.*

God of All Good Gifts,  
We thank you for this day and all that you have provided in it. Especially we give thanks...  
for our work and what we have accomplished...  
for moments of consolation...  
for moments of laughter...  
for moments of stillness...  
for time spent with others...  
for time spent alone...

We pray also for the needs of others this night. Especially we remember...  
those whom we know are sick or recovering from sickness...  
those who work to protect or provide for us...  
those who provide care for others...  
those who are alone...  
those who are without shelter or security tonight...  
friends and family who are far from us at this time...

### *The Collect*

Loving God,

You have brought us through the work of this day to the stillness of this night. Receive what we have done, forgive what we have misdone, and guide what we shall do. Keep us in your loving embrace tonight, that we might rise refreshed to rejoice in the gift of a new day.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,**

**hallowed be thy name.**

**Thy kingdom come, thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread,**

**and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**the power, and the glory,**

**forever and ever.**

**Amen.**

### **The Conclusion**

The sacrifice acceptable to God is a broken spirit;

**A broken and contrite heart, O God, you will not despise. (Psalm 51:17)**

### *The Benediction*

The Lord sustain us in our solitude.

The Lord speak to us in our silence.

The Lord preserve us in health, cleanse us in body, and purify us in spirit.

The Lord bless us on our journey, and bring us home to each other once more.

**Amen.**

The Lord almighty grant us a quiet night and a perfect end.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

## Friday — *Morning Prayer*

### Preparation

O Lord, open our lips.

**And our mouth shall proclaim your praise.**

#### *A Song of God's Mercy*

- 1 The Lord is full of compassion and mercy, ♦  
slow to anger and of great kindness.
- 2 He will not always accuse us, ♦  
neither will he keep his anger for ever.
- 3 He has not dealt with us according to our sins, ♦  
nor rewarded us according to our wickedness.
- 4 For as the heavens are high above the earth, ♦  
so great is his mercy upon those who fear him.
- 5 As far as the east is from the west, ♦  
so far has he set our sins from us.
- 6 As a father has compassion on his children, ♦  
so is the Lord merciful towards those who fear him.
- 7 For he knows of what we are made; ♦  
he remembers that we are but dust.
- 8 Our days are but as grass; ♦  
we flourish as a flower of the field;
- 9 For as soon as the wind goes over it, it is gone, ♦  
and its place shall know it no more.
- 10 But the merciful goodness of the Lord is from of old  
and endures for ever on those who fear him, ♦  
and his righteousness on children's children;
- 11 On those who keep his covenant ♦  
and remember his commandments to do them. (*Psalm 103:8-18*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are the merciful, for they will receive mercy.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:7, 12*)

### *Opening Prayer*

The night has passed, and the day lies open before us;  
let us pray with those from whom we are separated in body,  
that we might be joined to them in spirit.

### *Silence*

As we pray for a world in need of mercy,  
shed your light of peace and grace in our midst, O God,  
that we might be enlivened by your Spirit  
and know the goodness of your mercy by sharing it with others.  
**Amen.**

Blessed are the merciful, for they will receive mercy.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:7, 12*)

## **The Liturgy of the Word**

### *Psalmody*

Psalm 22 *OR* Psalm 51

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

### *Silence for Reflection*

Blessed are the merciful, for they will receive mercy.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:7, 12*)

### *The Benedictus*

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.

- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace. (*Luke 1:68-79*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are the merciful, for they will receive mercy.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:7, 12*)

## Prayers

### *Intercessory Prayers*

Merciful God,

We pray today for those who show care and mercy to those in need. In this time of infection and panic, bless those who show kindness to others with the gift of your mercy and rest. Inspire your church to actively address the needs of our neighbours, that we might be agents of peace in a restless time.

Lord, in your mercy.

**Hear our prayer.**

For all hospitals, doctors, nurses, and staff: protect them as they minister to the sick, relieve them of stress, and provide them the resources to meet the needs of those for whom they care.

Lord, in your mercy.

**Hear our prayer.**

For those who care for the elderly and vulnerable: give them vigilance in the precautions they must take, and reward the risks they take in their proximity to others with rest and the assurance of your eternal love.

Lord, in your mercy.

**Hear our prayer.**

For priests, chaplains, and all ministers: inspire them to care with earnest attention to those under their leadership, and give them the strength to persevere as their congregations are scattered and living in uncertainty.

Lord, in your mercy.

**Hear our prayer.**

For police, paramedics, and other first responders: guard them from harm, and grant them wisdom and courage to respond appropriately to their tasks.

Lord, in your mercy.

**Hear our prayer.**

For scientists and those working to find a cure for the COVID-19 virus: guide their minds towards truth, and give them wisdom and precision in their pursuit of a cure.

Lord, in your mercy.

**Hear our prayer.**

### *The Collect*

Gracious God,

You hate nothing that you have made. Make us anew, then, to be agents of your mercy, that we might know the benefits of your love in the act of giving it away to others. Grant the mercy of your rest to all caregivers and those who show your love and compassion at this time, and instill in us the assurance of your peace, that we might confidently care for those who need our help.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,**

**hallowed be thy name.**

**Thy kingdom come, thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread,**

**and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**the power, and the glory,**

**forever and ever.**

**Amen.**

### **The Conclusion**

Blessed are the merciful, for they will receive mercy.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:7, 12*)

### *The Benediction*

The Lord sustain us in our solitude.

The Lord speak to us in our silence.

The Lord preserve us in health, cleanse us in body, and purify us in spirit.

The Lord bless us on our journey and bring us home to each other once more.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

## Friday — *Evening Prayer*

### Preparation

O God, make speed to save us.  
**O Lord, make haste to help us.**

### *A Song of Mercy and Truth*

- 1 O God, will you not give us life again, ♦  
that your people may rejoice in you?
- 2 Show us your mercy, O Lord, ♦  
and grant us your salvation.
- 3 Truly, his salvation is near to those who fear him, ♦  
that his glory may dwell in our land.
- 4 Mercy and truth are met together, ♦  
righteousness and peace have kissed each other;
- 5 Truth shall spring up from the earth ♦  
and righteousness look down from heaven.
- 6 Righteousness shall go before him ♦  
and direct his steps in the way. (*Psalm 85:6,7,9-11,13*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Into your hands, O Lord,  
**I commend my spirit.** (*Luke 23:46*)

### *Opening Prayer*

As the sun sets on the day that was,  
let us turn to God with gratitude for what we have received,  
confession for when we have gone astray,  
and anticipation of brighter days to come.

### *Silence for Reflection*

## *Confession*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Into your hands, O Lord,  
**I commend my spirit.** (*Luke 23:46*)

## **The Liturgy of the Word**

### *Psalmody*

Psalm 32 *OR* Psalm 41

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

### *Silence for Reflection*

Into your hands, O Lord,  
**I commend my spirit.** (*Luke 23:46*)

*The Magnificat*

- 1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour; ♦  
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me  
and holy is his name.
- 3 He has mercy on those who fear him, ♦  
from generation to generation.
- 4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.
- 6 He has filled the hungry with good things ♦  
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,
- 8 The promise made to our ancestors, ♦  
to Abraham and his children for ever. (*Luke 1:46-55*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Into your hands, O Lord,  
**I commend my spirit.** (*Luke 23:46*)

## Prayers

### *Prayers of Remembrance*

*A moment of silence is kept after each petition for reflection on the events of the day.*

God of All Good Gifts,

We thank you for this day and all that you have provided in it. Especially we give thanks...

for our work and what we have accomplished...

for moments of consolation...

for moments of laughter...

for moments of stillness...

for time spent with others...

for time spent alone...

We pray also for the needs of others this night. Especially we remember...

those whom we know are sick or recovering from sickness...

those who work to protect or provide for us...

those who provide care for others...

those who are alone...

those who are without shelter or security tonight...

friends and family who are far from us at this time...

### *The Collect*

Loving God,

You have brought us through the work of this day to the stillness of this night. Receive what we have done, forgive what we have misdone, and guide what we shall do. Keep us in your loving embrace tonight, that we might rise refreshed to rejoice in the gift of a new day.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,**

**hallowed be thy name.**

**Thy kingdom come, thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread,**

**and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**the power, and the glory,**

**forever and ever.**

**Amen.**

## **The Conclusion**

Into your hands, O Lord,  
**I commend my spirit.** (*Luke 23:46*)

### *The Benediction*

The Lord sustain us in our solitude.  
The Lord speak to us in our silence.  
The Lord preserve us in health, cleanse us in body, and purify us in spirit.  
The Lord bless us on our journey, and bring us home to each other once more.  
**Amen.**

The Lord almighty grant us a quiet night and a perfect end.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

## Saturday — Morning Prayer

### Preparation

O Lord, open our lips.

**And our mouth shall proclaim your praise.**

### *A Song of Humility*

- 1 Come, let us return to the Lord ♦  
who has torn us and will heal us.
- 2 God has stricken us ♦  
and will bind up our wounds.
- 3 After two days, he will revive us, ♦  
and on the third day will raise us up,  
that we may live in his presence.
- 4 Let us strive to know the Lord; ♦  
his appearing is as sure as the sunrise.
- 5 He will come to us like the showers, ♦  
like the spring rains that water the earth.
- 6 ‘O Ephraim, how shall I deal with you? ♦  
How shall I deal with you, O Judah?
- 7 ‘Your love for me is like the morning mist, ♦  
like the dew that goes early away.
- 8 ‘Therefore, I have hewn them by the prophets, ♦  
and my judgement goes forth as the light.
- 9 ‘For loyalty is my desire and not sacrifice, ♦  
and the knowledge of God rather than burnt offerings.’ (*Hosea 6:1-6*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are the pure in heart, for they will see God.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:8, 12*)

### *Opening Prayer*

The night has passed, and the day lies open before us;  
let us pray with those from whom we are separated in body,  
that we might be joined to them in spirit.

### *Silence*

In these days of quiet and simplicity, O God,  
stir our hearts to look to you.  
Grant us purity of heart to see and hear you in our midst,  
perseverance to endure this time of trial,  
and unwavering trust in your infinite goodness.  
**Amen.**

Blessed are the pure in heart, for they will see God.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:8, 12*)

## **The Liturgy of the Word**

### *Psalmody*

Psalm 23 *OR* Psalm 107:1-32

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

### *Silence for Reflection*

Blessed are the pure in heart, for they will see God.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:8, 12*)

*The Benedictus*

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace. (*Luke 1:68-79*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are the pure in heart, for they will see God.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:8, 12*)

## Prayers

### *Intercessory Prayers*

God of Our Hearts,

We pray today for the pure in heart. Reveal your presence to those who long for you in this time of social distance and separation. Fill our thoughts with love of you, that our actions may reflect your glory.

Lord, in your mercy.

**Hear our prayer.**

For students, schools, and teachers: keep them healthy where schools remain open, keep them safe and cared-for where schools are closed, and provide for those who have no home or place to live without the resources that school provides.

Lord, in your mercy.

**Hear our prayer.**

For children: spare them from fear and panic, and make them a joyful sign of your love and light, persistent reminders of hope beyond this time of pandemic.

Lord, in your mercy.

**Hear our prayer.**

For those who take time to rest and play: rejuvenate their spirits, that they may in due course return to work with a refreshed mind and a fervor for you.

Lord, in your mercy.

**Hear our prayer.**

For those who are using this time away to engage in creative activity: inspire their minds, empower their bodies, and enflame their hearts with the passion you have given them.

Lord, in your mercy.

**Hear our prayer.**

For all who eagerly await their reunion with friends and family: give them patience as they wait, comfort in their longing and isolation, and the trust that those whom they love are kept securely in your embrace.

Lord, in your mercy.

**Hear our prayer.**

### *The Collect*

God of Our Vision,

In this time when we cannot see each other as we would like, give us the purity of heart to see you more clearly. Give us patience to wait for you in this time of absence and longing, give us open hearts to receive you where you reveal yourself, and give us hope to expect you where we might not normally look, that our eyes may be filled with your splendor this day and always.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
forever and ever.  
Amen.**

### **The Conclusion**

Blessed are the pure in heart, for they will see God.

**Rejoice and be glad, for yours is the kingdom of God. (Matthew 5:8, 12)**

### *The Benediction*

The Lord sustain us in our solitude.  
The Lord speak to us in our silence.  
The Lord preserve us in health, cleanse us in body, and purify us in spirit.  
The Lord bless us on our journey and bring us home to each other once more.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

## Saturday — Evening Prayer

### Preparation

O God, make speed to save us.  
**O Lord, make haste to help us.**

### *A Song for the Pure in Heart*

- 1 My heart exults in the Lord; my strength is exalted in my God. ♦  
My mouth derides my enemies,  
because I rejoice in my victory.
- 2 ‘There is no Holy One like the Lord, ♦  
no one besides you;  
there is no Rock like our God.
- 3 Talk no more so very proudly, ♦  
let not arrogance come from your mouth;
- 4 For the Lord is a God of knowledge, ♦  
and by him actions are weighed.
- 5 The Lord kills and brings to life; , ♦  
he brings down to Sheol and raises up.
- 6 The Lord makes poor and makes rich; ♦  
he brings low, he also exalts.
- 7 He raises up the poor from the dust; ♦  
he lifts the needy from the ash heap,
- 8 To make them sit with princes ♦  
and inherit a seat of honor.
- 9 For the pillars of the earth are the Lord’s, ♦  
and on them he has set the world.’ (*1 Samuel 2:1-3,6-8*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

The light shines in the darkness,  
**And the darkness has not overcome it.** (*John 1:15*)

### *Opening Prayer*

As the sun sets on the day that was,  
let us turn to God with gratitude for what we have received,  
confession for when we have gone astray,  
and anticipation of brighter days to come.

### *Silence for Reflection*

### *Confession*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

The light shines in the darkness,  
**And the darkness has not overcome it. (John 1:15)**

## **The Liturgy of the Word**

### *Psalmody*

Psalm 8 *OR* Psalm 33

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

### *Silence for Reflection*

The light shines in the darkness,  
**And the darkness has not overcome it. (John 1:15)**

## *The Magnificat*

- 1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour; ♦  
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me  
and holy is his name.
- 3 He has mercy on those who fear him, ♦  
from generation to generation.
- 4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.
- 6 He has filled the hungry with good things ♦  
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,
- 8 The promise made to our ancestors, ♦  
to Abraham and his children for ever. (*Luke 1:46-55*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

The light shines in the darkness,  
**And the darkness has not overcome it.** (*John 1:15*)

## Prayers

### *Prayers of Remembrance*

*A moment of silence is kept after each petition for reflection on the events of the day.*

God of All Good Gifts,

We thank you for this day and all that you have provided in it. Especially we give thanks...

for our work and what we have accomplished...

for moments of consolation...

for moments of laughter...

for moments of stillness...

for time spent with others...

for time spent alone...

We pray also for the needs of others this night. Especially we remember...

those whom we know are sick or recovering from sickness...

those who work to protect or provide for us...

those who provide care for others...

those who are alone...

those who are without shelter or security tonight...

friends and family who are far from us at this time...

### *The Collect*

Loving God,

You have brought us through the work of this day to the stillness of this night. Receive what we have done, forgive what we have misdone, and guide what we shall do. Keep us in your loving embrace tonight, that we might rise refreshed to rejoice in the gift of a new day.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,**

**hallowed be thy name.**

**Thy kingdom come, thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread,**

**and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**the power, and the glory,**

**forever and ever.**

**Amen.**

## **The Conclusion**

The light shines in the darkness,  
**And the darkness has not overcome it.** (*John 1:15*)

### *The Benediction*

The Lord sustain us in our solitude.  
The Lord speak to us in our silence.  
The Lord preserve us in health, cleanse us in body, and purify us in spirit.  
The Lord bless us on our journey, and bring us home to each other once more.  
**Amen.**

The Lord almighty grant us a quiet night and a perfect end.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

## **Sunday — Morning Prayer & Remembrance of the Eucharist**

### **Preparation**

O Lord, open our lips.

**And our mouth shall proclaim your praise.**

### *A Song for Worship*

- 1 O come, let us sing to the Lord; ♦  
let us shout for joy to the rock of our salvation.
- 2 Let us come into his presence with thanksgiving ♦  
and be glad in him with psalms.
- 3 For the Lord is a great God ♦  
and a great king above all gods.
- 4 In his hand are the depths of the earth ♦  
and the heights of the mountains are his also.
- 5 The sea is his, for he made it, ♦  
and his hands have moulded the dry land.
- 6 Come, let us worship and bow down ♦  
and kneel before the Lord our Maker.
- 7 For he is our God; ♦  
we are the people of his pasture and the sheep of his hand. (*Psalm 95:1-7*)

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Blessed are the peacemakers, for they will be called children of God.

**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:9,12*)

### *Opening Prayer*

The night has passed, and the day lies open before us;  
let us pray with those from whom we are separated in body,  
that we might be joined to them in spirit.

### *Silence*

Amidst the restlessness of our uncertainty and loneliness, O God,  
make us agents of peace in a world of need.  
Guide our thoughts and actions,  
and turn our hearts to you,  
that we might become peacemakers and so be rightly called your children.  
**Amen.**

Blessed are the peacemakers, for they will be called children of God.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:9,12*)

## **The Liturgy of the Word**

### *Psalmody*

Psalm 50 *OR* Psalm 148

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

*One or more of the readings appointed for the day are read.*

*When the Gospel is announced the reader says:*  
Hear the Gospel of our Lord Jesus Christ according to [*Name*].  
**Glory to you, O Lord.**

*And again, at the end of the Gospel:*  
This is the Gospel of the Lord.  
**Praise to you, O Christ.**

*In place of a sermon, an extended silence is held for reflection.*

Blessed are the peacemakers, for they will be called children of God.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:9,12*)

## *The Creed*

Let us together confess our faith in the words of the Apostles' Creed.

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.**

Blessed are the peacemakers, for they will be called children of God.

**Rejoice and be glad, for yours is the kingdom of God. (Matthew 5:9,12)**

## **Prayers**

### *Intercessory Prayers*

God of Peace,

We pray today for those who strive to make peace in a world of conflict and pain. Build up your people in perseverance, empower them with the knowledge of your will, and move in our minds and bodies to enact your kingdom come on earth as in heaven.

Lord, in your mercy.

**Hear our prayer.**

For the leaders of this nation and the leaders of the world: give them wisdom to make sound decisions for the future of our society, our species, and our planet.

Lord, in your mercy.

**Hear our prayer.**

For those who work to help and heal amidst the COVID-19 outbreak: give their hands the power of mending and their lips words of comfort and peace.

Lord, in your mercy.

**Hear our prayer.**

For all who feel called to serve the needs of their neighbour in this time of crisis: give them discernment of appropriate action and grant them joy in the task of sharing your love.

Lord, in your mercy.

**Hear our prayer.**

For those who are quarantined in unhealthy or broken homes: give them wisdom to take steps towards reconciliation where possible and courage to make difficult decisions where necessary.

Lord, in your mercy.

**Hear our prayer.**

For those who provide encouragement through comedy, entertainment, or the arts: give them joy in their work, that through your inspiration they might lift the spirits of all who suffer in mind or body during this time.

Lord, in your mercy.

**Hear our prayer.**

### *The Collect*

Merciful God,

You give us the peace that passes all understanding. In this time when need is great and relationships are sparse, empower us to be your hands and feet in the world, that we might work the peace for which the world thirsts through our acts of kindness, generosity, and love. Work your peace in our hearts, O God, that we might see its fruits borne out in our love of others.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name.**

**Thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
the power, and the glory,  
forever and ever.**

**Amen.**

## The Liturgy of the Sacrament

### *The Peace*

The peace of the Lord be always with you.  
**And also with you.**

In our separation from one another, let us offer up to God in prayer  
those from whom we are distant at this time  
and with whom we cannot share God's peace in person.

### *Silence for Meditation*

O God, receive these prayers for our friends, family, and colleagues. Keep them healthy and safe, enliven them with your joy, and grant them the peace that passes all understanding. Though they be far from us today, raise us up together in hope, that we might rejoice in that day of reunion and love for which we patiently wait.

**Amen.**

### *The Eucharistic Prayers*

Blessed are the peacemakers, for they will be called children of God.  
**Rejoice and be glad, for yours is the kingdom of God.** (*Matthew 5:9,12*)

We remember that, when the hour came, Jesus took his place with his friends at the table. He said to them, 'I have eagerly desired to eat this meal with you before I suffer; for I tell you, I will not eat it again until it is fulfilled in the kingdom of God.'

Then he took a cup, and after giving thanks he said, 'Take this and divide it among yourselves; for I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes.'

Then he took a loaf of bread, and when he had given thanks, he broke it and gave it to them, saying 'This is my body, which is given for you. Do this in remembrance of me.'  
(*Luke 22:14-19*)

Remembering, therefore, that Christ our Lord awaits us at his table, let us turn to God with our longing for renewal, our desire for communion, and our hopeful anticipation of love and friendship restored.

### *Silence for Meditation*

Praise to you, Lord Jesus.  
**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come again in glory.**

Friends, as we await the day when we will share in the body and blood of our Lord together once more, let us remember that we ourselves are Christ's Body in the world, so that as long as we live and move and have our being in him, there remains nothing that can separate us from the love of God.

**Amen. Come, Lord Jesus.**

Let us pray to God who provides all that we need and who is the source of all good gifts.

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

## **The Conclusion**

Blessed are the peacemakers, for they will be called children of God.

**Rejoice and be glad, for yours is the kingdom of God. (Matthew 5:9,12)**

### *The Benediction*

The Lord sustain us in our solitude.

The Lord speak to us in our silence.

The Lord preserve us in health, cleanse us in body, and purify us in spirit.

The Lord bless us on our journey and bring us home to each other once more.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

## Occasional Prayers

### Prayer for Washing Hands

Merciful God,

As you purify each of us to become members of your body in this world, so cleanse the hands of your servant to do your work today. May these hands become hands of healing in our time of sorrow and hands of peace in our time of distress.

Amen.

### Prayer for Going Outside

You love all that you have made, O God, and you call it good.

Give me the purity of heart to affirm the goodness of your creation, the stillness to observe the world around me, and the grace to lovingly tend to the earth.

Amen.

### Prayer in Time of Loneliness

*Any of the following passages may be read:*

Genesis 21:8-21

Exodus 3:1-22

Ecclesiastes 3:1-9

Matthew 26:36-46

*Silence for Meditation*

*Prayer*

Father, Son, and Holy Spirit,

As Trinity, you are community in your very being, and so you did not make humans to be your image in isolation. And yet that is precisely what we must do in order to love our neighbours during this time of crisis and disease. As you work healing in the bodies of all who are infected, then, work healing in my heart as I ache and long for the company of those whom I love. Give me the trust to commend them into your loving arms and the confidence that I shall see them again in the land of the living. Until then, O God, grant me peace to desire you as my companion on this sojourn through solitude, and lift my spirits in the knowledge of your abiding presence.

Amen.

## Prayer in Time of Sickness

Merciful God,

You are my creator. You knit me together in my mother's womb, and you have been my companion through every moment of my life. In this moment of sickness, breathe your healing Spirit upon me as Jesus breathed it on his disciples. Give me strength in body and fortitude of mind. Give me the will to get better and the patience to endure. And grant me rest in your enduring love and hope for recovery afterwards.

Amen.

## Prayer in Time of Another's Sickness

Lamb of God,

you take away the sins of the world.

Have mercy on us.

Grant us peace.

Come, Holy Spirit, with your healing balm for *[Name]*. Grant *[him/her]* peace in *[his/her]* distress and strength to endure this trial of body and mind. Keep *[him/her]* in your loving embrace, and bring *[him/her]* to full health once more.

Amen.

## Blessing for a Friend in Isolation

Loving God,

Bless *[Name]* in *[his/her]* time of solitude. Give *[him/her]* a sense of your presence in times of loneliness, hope in the face of fear or anxiety, and assurance of *[his/her]* value to those who love *[him/her]*. May *[he/she]* be at home wherever *[he/she]* is dwelling, for all the earth is yours. May *[he/she]* set *[his/her]* hopes on your coming glory. May the lamp of your word guide *[his/her]* feet in these unsure times. In light of my separation from *[Name]*, I commend *[him/her]* into your tender mercy. Bless *[him/her]* and keep *[him/her]*; make your face to shine upon *[him/her]* and be gracious to *[him/her]*; look upon *[him/her]* with favor, and give *[him/her]* peace.

Amen.

## Prayer at the End of Social Distancing

O Lord, open our lips.  
**And our mouth shall proclaim your praise..**

Praise the Lord!  
**Let all that has breath praise the Lord! (Psalm 150:6)**

### *A Song of Triumph*

- 1 I will sing to the Lord, for he has triumphed gloriously; ♦  
horse and rider he has thrown into the sea.
- 2 The Lord is my strength and my might, ♦  
and he has become my salvation;
- 3 This is my God, and I will praise him, ♦  
my father's God, and I will exalt him.
- 4 The Lord is a warrior; ♦  
the Lord is his name.
- 5 In your steadfast love you led the people whom you redeemed; ♦  
you guided them by your strength to your holy abode.
- 6 You brought them in and planted them on the mountain of your own possession, ♦  
the place, O Lord, that you made your abode,
- 7 The sanctuary, O Lord, that your hands have established. ♦  
The Lord will reign forever and ever. (*Exodus 15:1-3,13,17,18*)

### *Psalmody*

Psalm 107

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever. Amen.**

Praise the Lord!  
**Let all that has breath praise the Lord! (Psalm 150:6)**

*The following passages are read:*

Isaiah 52:1-12

Revelation 21:1-5

Mark 16:1-7

*Prayer*

Good and Gracious God,

You have brought us at last to this day of relief. For all you have done through countless doctors and nurses, priests and counselors, politicians and experts, and all who have worked to make this day possible, we heartily thank you. For the gifts of friendship and community renewed, we praise you. For the privilege of work and productivity, we exalt you. For the joy of life itself, we glorify you.

Merciful God,

We know that this day of celebration has not come without severe costs. For those who have died and those who mourn them, we ask for the gift of your peace and eternal rest. For those who remain sick, we ask for health and perseverance. For businesses that have closed, workers who have lost jobs, and all who have lost homes or financial wellbeing, we ask for your mercy and for the enduring compassion of all people. Help us now to build a world of trust, care, and support, one that better reflects your triune nature as a fellowship of love and sacrifice.

Holy God,

Your ways are mysterious to us. We thank you for the unique ways you have revealed yourself to us in this season in the wilderness, and we ask for your help in the task of rebuilding that lies ahead. Guide our words and actions, and keep our hearts aflame with your righteousness, that we might not simply return to who we were before this crisis, but that we might now grow in deeper love for you and one another. Bless us now as we go out into our lives, whatever they may yet become. Give us your peace. Give us your strength. Give us hope and a future. And grant us a vision of your kingdom coming to pass amongst us, on earth as it is in heaven.

**Amen.**

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
forever and ever.  
Amen.**

### *The Blessing*

*If the prayer is said in a group, it may be appropriate to hold hands or lay hands on one another's heads.*

And now may the Lord bless you and keep you;  
the Lord make his face to shine upon you and be gracious to you;  
the Lord look upon you with favor, and give you peace.  
**Amen.**

### *The Dismissal*

The Lord will keep your going out and your coming in from this time on and forevermore.  
**Amen. Alleluia! Alleluia!** (*Psalm 121:8*)

Praise the Lord!

**Let all that has breath praise the Lord!** (*Psalm 150:6*)

Let us bless the Lord.

**Thanks be to God.**

## Daily Lectionary

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